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Amendments to the Specification:

Please replace the first full paragraph on page 9 with the following rewritten paragraph:

Fig. 4A directed to a first embodiment of the invention, once the epoxy 52 expands, it assumes the structure 54, fills the gap 17 and engages the inner surfaces of the walls 13 and 14, the structural foam 46 adheres to the inner surfaces of walls 13 and 14. This stabilizes the framing element formed by the walls 13 and 14 of the pillar 12 by promoting membrane stress as opposed to sheet stress in the metal of the pillar. Improving load carrying capacity while buckling resistance and stiffness is increased enhances the efficiency of the pillar 12.